

**REPORT ON WATER, SANITATION & HYGIENE (WASH) AND SEXUAL REPRODUCTIVE HEALTH (SRH)/HIV TALK HELD AT FIVE SCHOOLS IN KUJE LGA, FEDERAL CAPITAL TERRITORY (FCT), ABUJA.**

**1.0 INTRODUCTION:**

Antof Rural Resource Development Centre (ARRDEC) carried out activities to promote Water Sanitation & Hygiene (WASH), Environmental Sanitation and Sexual Reproduction Health (SRH)/ HIV Talk among school children at five communities in Kuje LGA, Federal Capital Territory (FCT), Abuja. The schools were:

1. Primary school Gbaupe - May 13, 2014
2. Junior Secondary School Gaube - June 04, 2014
3. Primary School Gbaukuchi - May 20, 2014
4. Primary School Jeta - May 20, 2014
5. Junior Secondary School Pegi - June 04, 2014

ARRDEC decided to embark on WASH & Sexual Reproductive Health (SRH) to demonstrate and encourage a collective approach to understanding the impact of hand washing on individual members of the community, specifically, the objectives of the activities were:

1. To promote proper way of hand washing
2. To enhance behavioural change in hand washing and sanitation among students
3. To enlighten students on Sexual Reproductive Health and HIV/AIDS
4. To help them keep their environment clean to avoid contracting different kind of diseases

**2.0 ACTIVITIES CARRIED OUT:**

ARRDEC staff held a brief discussion with the headmasters of the above mentioned schools in their offices. They were informed about ARRDEC's mission which included promotion of Hand Washing, Environmental Sanitation and Sexual Reproductive Health/HIV Talk to the students. The headmasters gave ARRDEC team a warm welcome and assured of their maximum cooperation.



*ARRDEC staff's, Hannah Inyang, Discussing with Headmaster's of one of the five schools*



*ARRDEC Staff's, Hannah Inyang, discussing with Headmaster's of one of the five schools.*

The activities started with an opening prayer by the pupils. This was followed by introduction of ARRDEC staff/ mission of the team.

The following were the program of events in the schools:

- Meaning of sanitation
- Importance of environmental sanitation and good hygiene

- Importance of hand washing
- Demonstration of hand washing
- Sexual Reproductive Health( SRH)-
  - a. Development change that occurs in a girl and boy
  - b. Menstrual Cycle
  - c. Menstrual Hygiene
  - d. Hygiene puberty
  - e. Body odour and prevention
  - f. Importance of personal Hygiene
- Sexuality
  - a) Sources of sexually related information
  - b) Prevention of sex abuse
- Sexually Transmitted Diseases including HIV/AIDS
  - a) Meaning of HIV/AIDS
  - b) Prevention of HIV/AIDS /STDs
- Question and answers
- Donation of WASH items: water drum, wash hand bowl, bar soap a register etc
- Closing remarks by Headmasters
- Closing prayer



*ARRDEC staff, Hannah Inyang, sensitizing the students on basic hand washing techniques*

*GPS QBAUKUCHI*



*QJSS JETA*



*QJSS QAUPE*



*GPS QBAUPE*



*QJSS PEGI*



*The pictures show all the schools ARRDEC visited for the sensitization on basic techniques of Hand Washing and Sexual Reproductive Health/HIV Talk*

*The total number of children sensitized on Hand Washing, Environmental Sanitation and Sexual Reproductive Health/HIV Talk was 1500. In Pegi was 600 students, Jeta was 100 students, Qbaukuchi was 85 students, Qbaupe was 315 students while Gaube 500 students.*



*ARRDEC staff, Hannah Inyang, Demonstrating proper Hand Washing*



*A Pupils demonstrating proper Hand Washing*



*ARRDEC staff presenting hand washing items to head master' of one of the five schools.*



*The headmaster, showing appreciation to ARRDEC staffs For presenting the Hand Washing items, for educating the students on how to keep their environment clean*



*ARRDEC staff's with Hand Washing Club members in one of the five schools*



*ARRDEC staff with Hand Washing Club members in one of the five schools*

#### **4.0 INAUGURATION OF WASH CLUBS.**

At the end of the sessions hand washing club was inaugurated in each school visited. The clubs had a minimum of 15 members at inauguration with a teacher appointed to coordinate the club.

#### **5.0 CONCLUSION:**

The program was a success and the turnout was very impressive. The children learnt from the sensitization program and were advised to teach their parents and siblings what they learnt. The students were also encouraged to turn to a culture all the hand wash techniques they learnt.

#### **6.0 RECOMMENDATION:**

1. We recommend that the program should be extended to others schools and PHC.
2. Follow up of the WASH clubs should be done by ARRDEC staff.

